

# Do You Need Help With Your Medicare Costs?

If you have limited income and resources, you may be able to get help paying some of your Medicare expenses through the Medicare Savings Programs.

You must be enrolled in or eligible for Medicare Part A and meet the income and resource guidelines. Check the chart below to see if you might qualify for assistance.

February 2023

(Amounts effective April 1, 2023)

What kind of help can I get?	Am I eligible?
<b>Medicare Savings Programs pay:</b>	<b>If your monthly income is below:</b>
<b>QMB</b> <ul style="list-style-type: none"> <li>• Medicare Part A and Part B premiums</li> <li>• Medicare Part A and Part B deductibles</li> <li>• Medicare Part A and Part B coinsurance</li> </ul>	\$1,235 or less (individual)      \$1,664 or less (couple)
	<b>If your resources are below*</b>
	\$9,090 (individual)      \$13,630 (couple)
<b>SLMB</b> <ul style="list-style-type: none"> <li>• Medicare Part B premium</li> </ul>	<b>If your monthly income is below:</b>
	\$1,661 or less (individual)      \$2,239 or less (couple)
	<b>If your resources are below</b>
	\$9,090 (individual)      \$13,630 (couple)
If you qualify for QMB or SLMB, you automatically qualify to get Extra Help paying for Medicare prescription drug coverage.	

Effective January 1, 2010, any benefits paid by Medicare Savings Programs will not have to be paid back to the state when you die.

## How can I apply for these programs?

Call the Senior Health Insurance Information Program (SHIIP) to help you with the application process.

**Toll-free: 1-800-351-4664 (TTY 1-800-735-2942)**

**E-mail: [shiip@iid.iowa.gov](mailto:shiip@iid.iowa.gov)**

