



Stay healthy with Medicare

Did you know Medicare offers free preventative health services? Sign up for mymedicare.gov to track the services available to help you stay well!



FREE PREVENTIVE SERVICES

- » Flu shots
- » Pneumonia shots
- » Cardiovascular screening
- » Physical exams
- » Diabetes screening
- » Diabetes self-management training
- » Medical nutritional therapy service
- » Bone mass measurement
- » Hepatitis B shots
- » Glaucoma test
- » Smoking cessation
- » Mammogram breast cancer screening
- » Prostate cancer screening

Questions? Call:

800-351-4664

SHIIP is a free, objective, confidential service of the State of Iowa.
It does not sell or promote any insurance companies, policies or agents.



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- ✓ Track the preventative benefits you use each year.
- ✓ Get reminders of benefits for which you are eligible.

SIGN UP AT
mymedicare.gov